



समाज विकास तथा अनुसन्धान केन्द्र  
CENTRE FOR COMMUNITY  
DEVELOPMENT & RESEARCH

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## To Whom It May Concern

CCODER Nepal is a non-profit NGO whose vision is to alleviate poverty in Nepal, by using the Tripod Model of Education, Organization, and Socio-Economic Development. CCODER has been focusing its activities in destitute rural villages since 1990, but recently it has expanded to some urban areas as well, since all Nepali populations are in dire need for improved health, education, and economic opportunities. Currently, CCODER positively enhances the lives of nearly 200,000 poor Nepali people, who have organized in local, regional, and district-level cooperatives under CCODER's guidance and training. The organizational, economical, and educational programs of CCODER have been extremely successful and received recognition and support from various European and Asian governments and institutions. However, much work is still needed, especially in two areas: 1. Health services and disease prevention; 2. Generating income opportunities in remote villages, in order to reduce and reverse the depletion of natural resources, to prevent income-seeking migration that breaks up many families, and to stop the exodus of young villagers into polluted urban slums.

Dr. Adiel Tel-Oren, a US citizen and an Israeli citizen, has joined CCODER activities in 1998. His initial contribution was to provide valuable medical treatment to remote villagers suffering from acute traumas and disease. In 1999 he started bringing tourists to Nepal on a regular basis to sustain CCODER's community-based tourism program, which promotes income-generating activities in the villages, provides additional funds for community development projects (schools, handicraft, health centers), and expands the international networks that fund our humanitarian projects. Despite the threats and hostilities of the Maoists at that time, Dr. Tel-Oren has been by far our most prolific source of foreign visitors and supporters over the last 11 years, making a significant impact that our members greatly appreciate. His frequent visits and voluntary medical care have familiarized him intimately with our activities, projects, and with the real needs of the villagers. Therefore, his many contributions to CCODER have made him an "ambassador of peace and cooperation" on behalf of the United States of America and Israel. His significant financial contributions to our school and health programs has further solidified his status among the Nepali villagers and children who benefited from his generosity and knowledge

CCODER's Community Health Plan (CHP), a new, sustainable approach to delivering health services and preserving wellness, is now under way in all of CCODER's areas of operation. The CHP consists of 3 levels of care: self-care, primary care, and hospital-level care. Dr. Tel-Oren is the co-founder and Chief Medical Consultant of this program. He has been creating and organizing training materials for the first two levels of care, where this unique program's main focus and strength are found. This includes Wilderness Medicine, Nutritional Medicine, Preventive Medicine, and basic, low-tech medical diagnosis and treatment that can be provided at remote areas. He introduced low-cost Neutraceutical Medicine that addresses the causes for some diseases, not merely the symptoms. This is in addition to sustainable and culturally appropriate Ayurvedic medicine from local production. Dr. Tel-Oren has devised a capitation plan to provide hospital care to every CCODER member-family when Primary Care is not sufficient. In addition to the large financial support CCODER's programs have received directly and indirectly thanks to Dr. Tel-Oren's continuous efforts and contacts, he has also personally contributed over \$16,000 to our schools and clinics over the past 6 years. These critical projects, protecting the educational needs, health, and wellness of 200,000 lives, depends on Dr. Tel-Oren's continued support, supervision, development, planning, and training.

Sincerely,

Govinda Dhital, Founder and President, CCODER Nepal